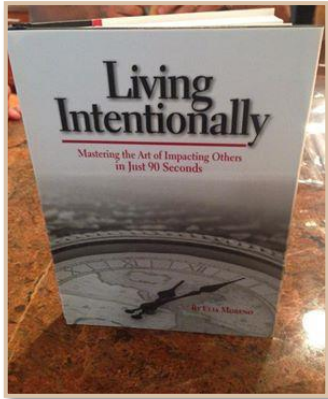


Living Intentionally



1. Understand what it means to CHOOSE to intentionally impact others
2. APPROACH people with gentle steps
3. SMILE with a purpose that invites conversation
4. GREET in a way that allows others to feel welcome
5. Turn a timid face contact into meaningful EYE CONTACT
6. IGNORE DISTRACTIONS in an effort to make others feel important
7. Perfect the art of LISTENING
8. CONNECT with a deeper sense of purpose
9. VALIDATE others in their present situation

90 Seconds to build and improve relationships

Engage

- 1.
- 2.
- 3.

Connect

- 1.
- 2.
- 3.

Communicate

- 1.
- 2.
- 3.

Daily activities



Observe

How others add value to people



Practice

Adding value to others



Share

The importance of adding value

"The nine principles Elia shares in this book are not groundbreaking in isolation, but her method of incorporating them within a 90-second encounter offers a road map to a destination that few have been able to find. Serving your community is a concept that most list as "optional." Elia shares with us why it doesn't need to be.."

- Damen Lopez

Living Intentionally: Changing the Narrative on Poverty



History of Poverty

1900-1930-Great Reversal

1929-Great Depression under President Herbert Hoover

1. 25% of all Americans were unemployed

1933-1935-Franklin D Roosevelt's New Deal

1. Stable economy, provide jobs and allow relief
2. Relief, Recovery and Reform

1964- Education was the focus the of anti-poverty campaign

1. 8 million adults had not finished the 5th grade
2. Nearly 20 million had not finished the 8th grade
3. Nearly 54 million had not finished high school

1964-President Johnson declared War on Poverty

1965-Vietnam War

1989-Christian Community Development

Types of Poverty

Generational Poverty

- 1.
- 2.
- 3.

Situational Poverty

- 1.
- 2.
- 3.

COVID-19

- 1.
- 2.
- 3.

Books to Read



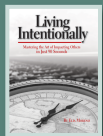
Story of Generational Poverty

See Poverty be the Difference by Dr. Donna Beegle



Compassion Fatigue

Permission to Rest by Elia Moreno



How to better connect

Living Intentionally by Elia Moreno

Walter Ong's Communication Theory

- 1.
- 2.