



# ROLE PLAY: RESPECT

## *Purpose & Focus*

To teach how important being respectful. It also shows how much easier it is to get your needs met when you show respect for others.

## *Participants*

Any number of participants.

## *Time Allotment*

15 – 30 Minutes

## *Activity Level*

Low

## *Materials*

- Paper
- Pens or Pencils

## *Method*

- Have each participant write down a request by staff that they sometimes don't want to do or, you can have them call some out and write them where all can see. No judgment.
- Read them out and ask the group which one they want to act out first.
- Ask for two volunteers. One to play a "staff" member and another one to play the role of a "youth."
- Have the "staff" ask the "youth" to do the thing on the paper and ask the youth to respond disrespectfully.
- Ask the participants how the youth could have responded with respect and still express themselves. This is an opportunity to talk about asking for a redo or a compromise or using good negotiation skills as well as how to express your needs in a way people will hear.
- Let the pair act out a more respectful response that leads to a good interaction.
- Repeat as many times as you like.

## *Discussion*

- What happens when you explain why you don't want to do something with respect? Is it easier to get your needs met?
- Even if you have to do it, does it help when you feel listened to?