



PAPER & STRAWS

Purpose & Focus

Helps participants work together to create and follow through with a plan

Encourages participants to communicate

Participants

One or more teams of 2 or more participants.

Time Allotment

15 – 30 Minutes

Activity Level

Moderate

Materials

- Paper
- Straws

Preparations

- Make dime-sized balls by wadding up bits of paper. It is up to the facilitator how many balls will be in play.
- The participants must blow into their straws to push the balls around.
- The facilitator can end the activity once the participants have reached a specific score or once each ball is in the smallest, middle circle.

Method

- Participants gather around the desk or table and each participant is given a straw.

Coaching Tips

- The activity sounds easy, but teams must plan with their team members on how they will push the balls into high-scoring sections without moving the balls that are already in place.
- This may require re-positioning themselves in different locations around the table or having different participants blow in different directions; it's up to the team to create their plan of attack.

Discussion

- What does it mean to be a member of a team?
- What can a team accomplish that one person working alone cannot?