



COUNT OFF

Purpose & Focus

This activity focuses on communication.

Participants

Any number of participants.

Time Allotment

5 - 15 Minutes

Activity Level

Low

Materials

No materials required

Method

- Ask the group to count to 20 without pre-planning who is going to say each number. There is a catch, there are no verbal signals or silent signals allowed, and the group must do it without any two people saying the same number.
- See how fast they can do it!

Discussion

- How was communication a challenge in this activity?