

Chapter: Rules for State-Operated Programs and Facilities	<b>Effective Date: 10/1/15</b>  Page: 1 of 1  Replaces: GAP.380.9520, 9/1/09
Subchapter: Behavior Management and Youth Discipline	
Division: Behavior Management	
<b>Rule: Cooling-Off Period for Youth Out of Control</b>	
ACA: 4-JCF-3B-06 3-JCRF-3C-13	
Statutes: N/A	

**RULE**

(a) **Purpose.**

This rule provides for the temporary segregation of a youth as a “cooling off” time when he or she appears to have temporarily lost control of behavior. The segregation is intended to allow the youth time to regain self-control. Segregation addressed in this rule is not a disciplinary consequence and is generally in a location near the activity in process.

(b) **General Restrictions.**

- (1) Either staff or the youth may request the youth’s removal from an activity. The youth’s group may not request the youth’s removal.
- (2) The youth may be removed to any room in the same building away from the regular activity. Doors must not be locked.
- (3) The reason for the segregation is explained to the youth and he/she is given the opportunity to explain his behavior.
- (4) The youth must be joined by staff every 15 minutes for counseling.
- (5) The youth may assist in determining his/her readiness to resume regular activity.

(c) **Institutions.**

Segregation is limited to 55 minutes. If the youth is unable to regain control after 55 minutes, staff should take other measures.

(d) **Halfway Houses.**

- (1) Segregation is limited to two hours. If the youth is unable to regain control after two hours, staff should take other measures.
  - (2) Youth may not be segregated to their bedrooms.
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