

Chapter: Mental Health	Effective Date: 7/15/14
Title: Psychiatric Treatment Plans	Page: 1 of 1
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(a) **Standard.**

A psychiatric treatment plan is developed for youth being treated on an ongoing basis by a psychiatric provider. The plan is developed at the initiation of treatment and revised as needed. Treatment plans include input from TJJJ staff, the youth, and the parent/guardian to the extent feasible.

(b) **Procedures.**

- (1) Each **psychiatric provider** develops an individualized treatment plan for youth under his/her care.
 - (2) Individualized treatment plans include, at a minimum, the following information:
 - (A) diagnosis;
 - (B) short-term goal(s), problem areas, and/or target symptoms;
 - (C) treatment or intervention, including frequency;
 - (D) treatment compliance/participation; and
 - (E) progress toward goal(s) and/or resolution of target symptoms.
 - (3) A psychiatric treatment plan is required for the following:
 - (A) youth on the psychiatric caseload (including youth currently prescribed psychotropic medication); and
 - (B) youth placed in the mental health treatment program or a crisis stabilization unit (CSU).
 - (4) The **psychiatric provider**:
 - (A) develops the individualized psychiatric treatment plan, with input from the youth, TJJJ direct care staff (via the Psychiatric Symptom Checklist), and the parent/guardian when feasible; and
 - (B) reviews/updates the initial treatment plan within 30 days and at least every 60 days thereafter (or at least every 30 days thereafter for youth in a CSU).
 - (5) The **psychiatric provider** documents individualized treatment plans on the Psychiatric Progress Note in the electronic medical record (EMR).
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