



## TRAUMA-INFORMED CARE A FOCUSED APPROACH



Juvenile Justice Training Academy  
JPO | JSO Basic Course  
January 1, 2018

 TEXAS  
JUVENILE JUSTICE  
DEPARTMENT  
TRANSFORMING YOUTH LIVES AND CREATING SAFER COMMUNITIES

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## Objectives

- Describe the different types of trauma and its prevalence within the juvenile justice population.
- Examine the impact of traumatic events on juveniles and juvenile justice professionals.
- Given a scenario, outline appropriate strategies to implement upon identifying a traumatized juvenile.

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## What is Trauma?



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### Acute Trauma



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### Chronic | Complex Trauma



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### Adverse Childhood Experiences (ACEs)



TRAUMA LEAVES 'FINGERPRINTS' ON THE VICTIM. THESE DON'T FADE WHEN THE BRUISES DO.

Dr. Ellen Taftfero

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## Trauma and Development



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## Childhood



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## Adolescence



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### Delivering Trauma-Informed Care



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### Essential Elements



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### What Must YOU Do?



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### TIC Case Study



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### Trauma and Adults



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### Vicarious Trauma



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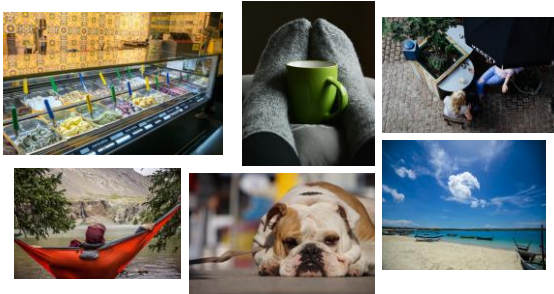
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## Self-Care Strategies



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## Final Thoughts

"I am not what happened to me,  
I am what I choose to become."

- Trauma and its effects are highly prevalent in juveniles involved in the juvenile justice system.
- High ACEs contribute to delays in development and mental or physical health risks in adulthood.
- Productive lives can be lead despite traumatic experiences.

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