



SUICIDE PREVENTION AND INTERVENTION



Juvenile Justice Training Academy
JPO | JSO Basic Course
March 15, 2017



TEXAS JUVENILE JUSTICE DEPARTMENT
TRANSFORMING YOUNG LIVES AND CREATING SAFER COMMUNITIES

Performance Objectives

- Classify factors that affect the probability of suicide in juveniles.
- Examine intervention strategies used when confronted with a juvenile exhibiting suicidal symptoms.
- Given a scenario, facilitate a plan for a juvenile contemplating suicide.

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Why Talk About Suicide?



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Myths vs. Facts

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Statistics

44,193
 People that die by suicide each year

30-40%
 People that killed themselves with a previous suicide attempt

Every 11.9 minutes
 a person dies by suicide

Suicide is the 2nd leading cause
 of death for young people aged 10-24 years of age

17.7%
 High school students who considered suicide within the past school year

90% of people who die by suicide have a **diagnosable & treatable** psychiatric disorder at the time of their death

8.6%
 High school students who attempted suicide within the past school year

Students in 9-12th grade that **14.6%** made a plan to attempt suicide

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Statistics

From September 2014-December 2015
 Suicide by method

29.9%
Hanging

17.7%
Poisoning

14.6%
Suffocation

8.6%
Other Unspecified

2.8%
Firearms

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Adolescents and Suicide



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Suicide Risk Factors



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Protective Factors



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Warning Signs



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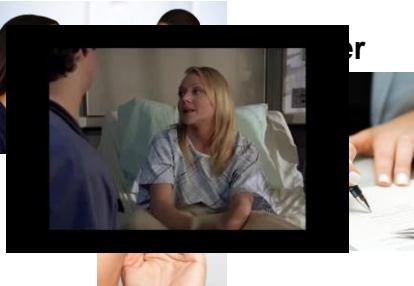
Direct and Coded Messages



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Ask. Listen. Refer.

Ask



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Using Your Toolkit



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ACTIVITY: What Would You Do?



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Resources

- National Suicide Prevention Lifeline
800-273-TALK (8255)
- Mental Health Association of Texas
512-454-3706
- Rape and Suicide Crisis Center of Southeast Texas, Inc.
800-7-We-Care (800-793-2273)
- **ASK** App (downloadable on IOS or Android)



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QUIZZZ Review
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Summary

- **ASKING** a juvenile if they are suicidal conveys concern and compassion.
- **LISTENING** to verbal and coded messages will assist in assessing whether a juvenile is suicidal.
- Building rapport with juveniles and families will serve in making sound **REFERRALS** regarding mental health treatment.

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