



ADOLESCENT DEVELOPMENT AND BEHAVIOR



Juvenile Justice Training Academy
JPO | JSO Basic Course
February 1, 2018



Objectives

- Identify typical developmental benchmarks juveniles experience during adolescence.
- Examine how adolescent development influences behavior and delinquency.
- Outline strategies juvenile justice professionals can use to empower juveniles during these critical areas of development.

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Developmental Benchmarks



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Physical Development



HELP!
Is This My Body?

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Physical Development



Muscles Heart Lungs	Speed
Red Blood Cells	Endurance
Testicles Scrotum	Height
Wet Dreams	Voice
Strength	Hair

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Physical Development



Fat	Endurance
Breasts	Height
Menstrual Cycle	Voice
Strength	Hair
Speed	

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Challenges

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Social Development

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Behavioral Development

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Behavioral Development



Push the body



Expand the mind



Nurture the spirit

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Behavioral Development



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Behavioral Development



- Peer pressure
- Media
- Mental health disorders
- Low self-esteem
- Absent role models
- Boredom | Excitement
- Rebelling
- Invincible
- Substance use
- Trauma


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Emotional Development




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Cognitive Development



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Delinquency



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Support Strategies

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Support Strategies

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Support Strategies

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Final Thoughts

Make no mistake, adolescence is a war. No one gets out unscathed.
- Harlan Coben

- Adolescence is a time of rapid change.
- Lack of maturation in the brain may lead juveniles to the juvenile justice system.
- Juveniles, along with a strong support system, can transition to adulthood with the ability to cope appropriately.

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