



# STEAL THE BACON

## *Participants*

Enough participants to make 2 to 4 teams.

## *Time Allotment*

5+ Minutes

## *Activity Level*

Low

## *Materials*

- 1 item such as a bandana, cloth napkin, flag football flag. Tie a knot in the middle of the item you are using.
- Cones at least 4, 16 is better

## *Method*

- Divide the group into 2-4 teams.
- Mark the boundaries of the game with the cones.
- If playing with 2 teams only 2 lines need to be made with the cones about 40ft apart or more if space allows.
- With 3-4 teams you will need to create a square that is at least 40ft across.
- Teams will line up on each side of the playing area. The facilitator will walk around and number off each participant. If there are 4 participants on each team they should be numbered 1, 2, 3, and 4 and so on with larger groups.
- Place the “Bacon” in the center of the playing field equal distance from all teams. The facilitator will call out random numbers and students who were assigned that number will run toward the “Bacon”.
- The goal is to grab the bacon and get back across your teams line before being tagged by another team. If another team grabs the “Bacon” first then your goal is to tag that player before they cross their teams line. If a team gets the “Bacon” back across their line without being touched they get a point.

## *Regulation Modification Options*

Use the option most appropriate for the youth’s level of regulation:

- Every time a point is scored the scoring player leads the group in a regulation technique.
- Every time a player is tagged prior to reaching their goal the tagged player will lead the group in a regulation technique.
- Pick a number 1 higher than anyone is labeled and let the group know that anytime you call that number the whole group will regulate. This can be facilitator led regulation or you could ask a volunteer to lead one.