



STOP, START, CONTINUE

Purpose & Focus

Participants take ownership of what is going on within the dorm. Learn to brainstorm and develop strategies to work through issues.

Participants

Any number of participants.

Time Allotment

30 + Minutes

Activity Level

Low

Materials

- Poster board
- Markers
- Art supplies: sticks, scrapbooking materials, foam letters, etc.
- Glue
- Scissors
- Pictures or magazines

Preparation

- Explain to the participants that their opinions matter and it is important to provide good input into decision making in their lives.
- Explain that discussing things with respect and using good negotiation skills can result in good compromises for all.
- Be prepared to make some compromises that make sense or to take their ideas to others who need to make these final decisions.

Method

- Ask participants to think about the dorm as it is now and consider what is working, what they'd like to see happen or change, and what is working now—that they like.
- Participants brainstorm & discuss:
 - Stop: What is not working?
 - Start: What could you try that might work?
 - Continue: What is working?

Discussion

- For what participants think isn't working:
 - Can you think of things we could do that would help?
 - How do you think your new ideas would help life on the dorm?
- For what is working:
 - Why do you like it?
- How did this go, what was it like to talk about this using respect and negotiation?