



COMMON THREADS

Purpose & Focus

Finding commonality.

Participants

Any number of participants.

Time Allotment

5 - 15 Minutes

Activity Level

Low

Materials

- Pens or Pencils
- Paper

Method

- Divide participants into groups, then tell them they must find one thing they all have in common. This can include hobbies, music tastes, favorite food or even the last movie they have seen.
- After they have settled on their common thread, ask them to create a short list of traits or stereotypical qualities of people who share that trait.
- The group must then take on the qualities of that stereotype for the 5 minutes. For example, if everyone in a group found out they had cats, they may all periodically ask members of other groups about their cats.

Discussion

- Discuss how silly stereotypes can be and how they narrow our vision of others.