

# MAPS-Making a Plan for Success

Intervention strategies for regulating student  
behavior in a trauma focused educational setting

# What is MAPS?

Making a Plan for Success-Taking a youth from state of dysregulation to empowered to manage own regulation

## Goals and objectives of MAPS

### Immediate

- Regulate student actively in crisis

- Stabilize the learning environment for that student and others

- Provide staff (teacher) an opportunity to regulate themselves

### Secondary

- Teach student ways to self regulate

  - Identifying triggers

  - Meeting sensory needs

  - Allow opportunity to repair harm created by behavior

# What is needed to have a successful MAPS

## Dedicated space

Sensory responsible space

Assessible

None isolated

Dedicated and trained staff both in and out of MAPS

Administrative support and buy in

Programmatic needs/curriculum/SEL/technology

**DATA DATA DATA!!**

# Making a Plan for Success Center expectations for students

Students will:

Respect the calming space and items within

Stay in assigned location

Speak with permission

Complete assignments given by staff

Use appropriate language

Stay “dressed for success” at all times

Follow all instructions

Work diligently on behavior in an effort to transition back to class

# Making a Plan for Success Center expectations for staff

## Staff will:

Actively monitor students at all times

Immediately inform students of M.A.P.S expectations

Support students who may be in a state of dysregulation

Provide positive feedback to youth who are meeting expectations

Prompt students who are not meeting expectations

Assist and support students in re-entering back into class

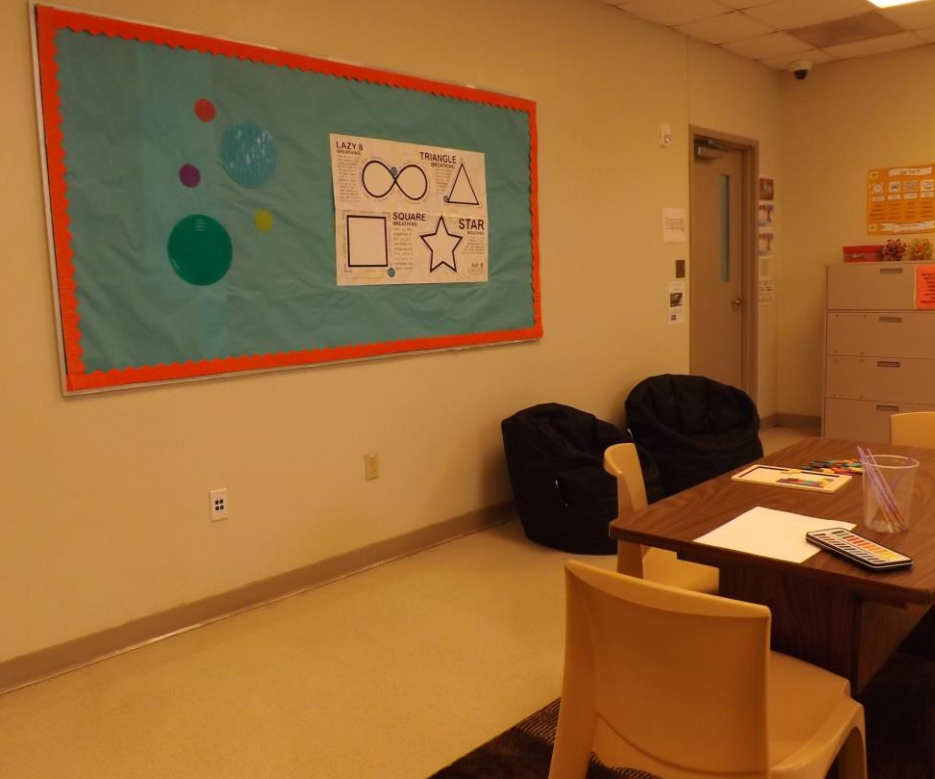
# Pathways to regulation

Emanuel “Manny” Ortiz, Previously an educational coach, now Texas Model Mentor at the Evins Regional Juvenile Justice Center will share how he assists students in behavioral regulation.



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Any Questions???

[Emanuel.Ortiz@tjjd.texas.gov](mailto:Emanuel.Ortiz@tjjd.texas.gov)

[James.bateman@tjjd.Texas.gov](mailto:James.bateman@tjjd.Texas.gov)