



# TEAM TIGER TAILS

## *Participants*

Any number of participants.

## *Time Allotment*

5+ Minutes

## *Activity Level*

Low

## *Materials*

- Bandanas, socks, or folded brown paper towels
- Cones (only if you need to designate space)

## *Method*

- Have each participant find a partner. Hand one bandana to each team. The teams will decide who wants to be the tiger's head and who wants to be the tiger's tail. The participant who is the tiger tail will put the bandana in the back of their shirt, back pocket, in a belt loop, etc. the location chosen must be in the rear of the person and the bandana must stick out at least 50% of the length of the bandana. Once the tail is attached the participant will ask the tiger head (other team member) if they can stand behind them and place their hands on the tiger head's shoulders. Once connected the two team members should try to "Stick together" the whole game unless their tail is pulled.
- The objective of the tiger head is to pull the tails off of the other tigers. When this occurs the tiger head will give the removed tail to the head of the tiger from which he/she pulled it.
- The objective of the tiger tail is to protect your tail at all costs (within safe parameters). Also, you must never remove your hands from the shoulders of the tiger head.
- If a tiger gets their tail pulled/removed by another tiger they must then choose a regulation technique to do with their teammate. Once they have regulated themselves for 10-15 seconds they can reassemble their tiger and reenter the game.

*Continue until facilitator stops the game.*