



DEER TRACKING

Participants

Enough participants to make 2 to 4 teams.

Time Allotment

5+ Minutes

Activity Level

Low

Materials

- Blindfolds

Method

- Have the group make a large circle.
- Choose 2 people to start in the middle - the deer and the deer tracker. Blindfold the deer tracker.
 - The goal is for the deer tracker to catch the deer by listening to the group.
 - The only sound the group can make is to clap.
 - The louder the clap the closer the deer tracker is to the deer.
 - The group needs to stay in their spot.
 - They can gently redirect the deer tracker or deer if they reach the edge of the circle.
- Once the deer tracker catches the deer the participants rotate positions. Deer goes back to circle, deer tracker becomes the deer, and new deer tracker comes from the circle.
- Any type of rotation is acceptable when it comes to switching player roles.

Regulation Modification Options

Use the option most appropriate for the youth's level of regulation:

- Each time a deer is caught the deer will lead the group in a regulation technique.