



WHO AM I?

Purpose & Focus

Allows participants to understand the benefits of listening to what others say and encourages conversation about how stereotypes can be hurtful.

Participants

Any even number of participants.

Time Allotment

15 – 30 Minutes

Activity Level

Low

Materials

- Post-it Notes
- Pens

Method

- Write types of people on the post-it notes. Examples: cheerleader, straight-A student, lawyer, police officer, fast food cashier, etc...
- Put a nametag on each participant's forehead (or on their backs).
- Circle up and have participants take turns asking a yes or no question until they guess what type of person they are.

Discussion

- What did you notice about the kinds of questions you asked?
- Who can explain what a stereotype is?
- How do you think real people in those roles would like how you played their part?
- Do you think stereotypes are a good reflection of people?
- How would others stereotype you? How do you feel about that?