



MARSHMALLOW MADNESS

Purpose & Focus

Participants get to know each other in a fun way and reinforces the need to learn how to use good words to communicate.

Participants

Any even number of participants.

Time Allotment

15 – 30 Minutes

Activity Level

Low

Materials

- Large marshmallows
- Trash bags

Method

- Pair up the participants.
- Each participant, in turn asks the other a question like what is your favorite color, movie, book? Where are you from? How old are you? Do you have brothers or sisters?
- After each answer the asker gives the answerer another marshmallow to hold in his or her mouth. No swallowing!
- Continue until each participant can no longer answer questions, then let them eat their marshmallows.
- Repeat until everyone has had an opportunity to participate.

Discussion

- Have you ever had a hard time getting someone to understand what you are trying to say?
- How does that feel?