



DOMINO EFFECT

Purpose & Focus

To unify the group in a discussion about how our actions can affect our lives down the road.

Participants

Any number of participants.

Time Allotment

15 – 30 Minutes

Activity Level

Moderate

Materials

- Dominoes

Method

- Get into groups of 6 or so
- Give each group 15 minutes to design a display of toppling dominos.
- Each team is assigned an area to build their design.
- When the time is up, the first domino will fall and the rest will follow.

Discussion

- How can our lives be like the dominoes?
- Can you think of examples of when one decision leads to other things, like dominoes pushing one into the next?
- Sometimes the falling dominoes are good and sometimes not. What can we do to think about the longer-term outcomes of our decisions and actions?